



Routine care may help you save!



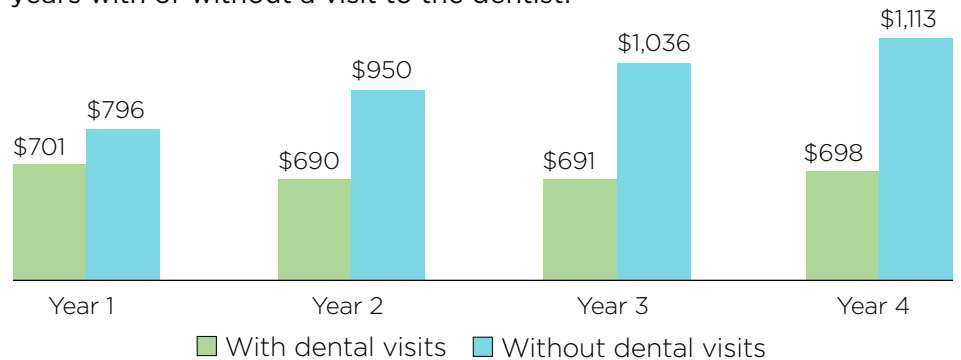
It's estimated that more than \$45 billion is lost in productivity each year due to untreated dental disease.¹



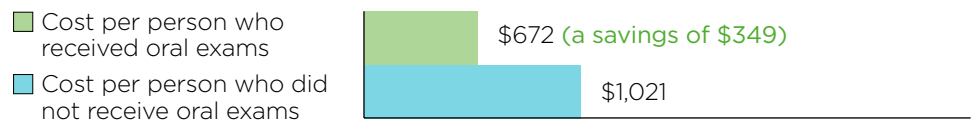
Delaying dental care may also require more expensive treatment when returning to the dentist.

How much does a lack of routine visits cost?

The cost of visiting the dentist often increases each year for individuals without a visit compared with those who get routine check-ups. The graph below shows the average cost per person after one or more years with or without a visit to the dentist.*



The graphs below shows the overall cost for those who received preventive care and those who did not.*



*Data reflects national benchmark. ¹<https://www.cdc.gov/chronicdisease/programs-impact/pop/oral-disease.htm>

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Delaying care may increase the risk of oral health problems that have been linked to whole health concerns such as diabetes, heart disease and Alzheimer’s disease.

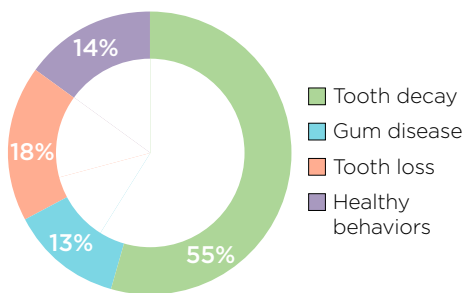


Individuals who keep up with routine dental visits tend to require less extensive treatment for oral health issues.

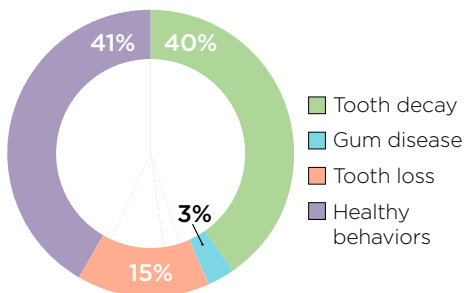
What procedures are driving costs?

The graphs below show the distribution of procedure costs for those who did and did not visit the dentist for four years.*

No visits



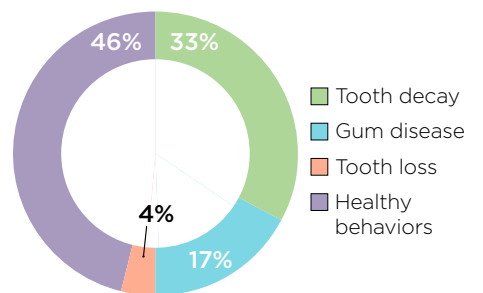
Regular visits



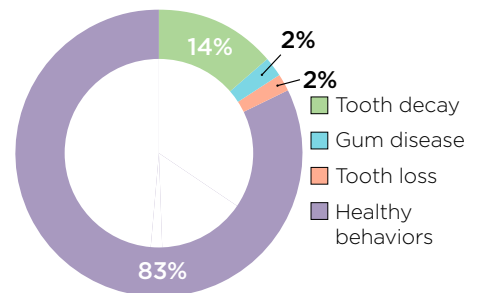
What types of care do people need?

Below is the distribution of procedures for those who did and did not visit the dentist over four previous years.*

No visits



Regular visits



For more information about your dental plan, call 800.237.6060 or visit DeltaDentalVA.com.

*Data reflects national benchmark.