



Where will you travel to next?

## Optima Health Emergency Travel Assistance

provided by Assist America

### Peace of Mind!

No matter where you are in the world, you will always get the care you need.

Your enrollment with Optima Health includes a **FREE** Emergency Travel Assistance program that can handle and resolve your medical and travel emergencies. You, and any dependents on your Optima Health medical plan, are covered whenever traveling 100 miles or more away from your permanent residence, or in another country.

### Emergency Travel Assistance Services Include:

#### Medical Consultation, Evaluation, and Referral

Calls to Assist America's Operations Center are evaluated by medical personnel and referred to English-speaking, Western-trained doctors and/or hospitals.

#### Hospital Admission Assistance

Assist America will guarantee hospital admission outside the United States by validating a participant's health coverage or by advancing funds to the hospital.

#### Emergency Medical Evacuation

If adequate medical facilities are not available locally, Assist America will use whatever mode of transport, equipment, and personnel necessary to evacuate a participant to the nearest facility capable of providing a high standard of care.

#### Medical Monitoring

Assist America will maintain regular communication with the participant's attending physician and/or hospital and relay information to the family.

#### Medical Repatriation

If a participant still requires medical assistance upon being discharged from a hospital, Assist America will repatriate them home or to a rehabilitation facility with a medical or non-medical escort, as necessary.

#### Prescription Assistance

If a participant needs a replacement prescription while traveling, Assist America will help in filling that prescription.

#### Compassionate Visit

If a participant is traveling alone and will be hospitalized for more than seven days, Assist America will provide economy, round-trip, common carrier transportation to the place of hospitalization for a designated family member or friend.

#### Care of Minor Children

Assist America will arrange for the care of children left unattended as the result of a medical emergency and pay for any transportation costs involved in such arrangements.

#### Return of Mortal Remains

Assist America will arrange and pay for the return of mortal remains in the event of a participant's death.

#### Emergency Trauma Counseling

Telephone-based counseling and referrals to qualified counselors.

#### Lost Luggage or Document Assistance

Help locating lost luggage, documents, or personal belongings.

#### Interpreter and Legal Referrals

Referrals to interpreters and/or legal personnel.

#### Pre-trip Information

Web-based country profiles that include visa requirements, immunization and inoculation recommendations, as well as security advisories for any travel destination.

## Assist America Operations Center

1-800-872-1414

(inside USA)

+1-609-986-1234

(outside USA)

Reference Number:

01-AA-OPT-10113

- State-of-the-art 24/7 Operations Center
- Worldwide response capabilities
- Trained multilingual and medical personnel, including doctors and nurses
- Experienced crisis management professionals
- Air and ground ambulance service providers
- Ready to help you, anytime, anywhere!

## Assist America Mobile App



Download the App and instantly connect to a wide range of services, including:

- One-touch call to 24/7 Emergency Operations Center
- Up-to-the-minute travel alerts
- Pre-trip information (e.g. country-specific visa requirements, immunization regulations, security advisories)
- Global embassy locator
- U.S. pharmacy locator

For more information, visit [optimahealth.com](http://optimahealth.com).

Assist America is not insurance, it is a provider of global emergency services. Assist America's services do not replace medical insurance during emergencies away from home. All medical costs incurred should be submitted to Optima Health and are subject to the policy limits of your health coverage.

